



## Spring has Sprung

Never cut a tree down in the wintertime. Never make a negative decision in the low time. Never make your most important decisions when you are in your worst moods. Wait. Be patient. The storm will pass. The spring will come.

*Robert H. Schuller*

Welcome to our Spring Newsletter which contains lots of news and exciting things going on. We have our day out to Southend in June and a very special Jubilee Afternoon Tea to celebrate 70 years of the reign of Queen Elizabeth II which I am sure we all agree is a remarkable achievement and something worth celebrating. Please read on to find out what we at Enrych Oxfordshire are doing this Spring.

## Easter Egg Hunt

Find the Easter Eggs that the Easter Bunny has hidden within our website pages and win a lovely prize.



Count the number of eggs you find and click on  at the bottom of one of the pages to submit your total answer. We will put the name of everyone with the correct answer in the hat and randomly draw one. Competition opens on 1 April and closes on 30 April. [www.enrychoxfordshire.org.uk](http://www.enrychoxfordshire.org.uk)



Something worth celebrating!  
(see page 4 for more info).

|                    |         |                  |                                |
|--------------------|---------|------------------|--------------------------------|
| Monday 4 April     | 12 noon | Felicity         | Keep on Moving                 |
| Tuesday 5 April    | 3pm     | Joel & Felicity  | Quiz                           |
| Thursday 7 April   | 11am    | Bridgid          | Wellbeing Session with Bridgid |
| Monday 11 April    | 11.30am | Felicity         | Keep on Moving                 |
| Wednesday 13 April | 2pm     | Joel             | Bingo                          |
| Thursday 14 April  | 2.30pm  | Felicity & Nicky | Book Group                     |
| Wednesday 20 April | 12 noon | Felicity         | Keep on Moving                 |
| Thursday 21 April  | 12 noon | Bridgid          | Wellbeing Session with Bridgid |
| Monday 25 April    | 11.30am | Felicity         | Keep on Moving                 |
| Tuesday 26 April   | 3pm     | Felicity         | Bingo                          |
| Thursday 28 April  | 11am    | Sue & Victoria   | Quiz                           |

If you want to join any of these sessions please let Sue know - [susan.linnett@enrych.org.uk](mailto:susan.linnett@enrych.org.uk)



## Social Events

Here is our varied programme of social events. We look forward to welcoming you at any/all events.

As per the last quarter we now have set regular dates in the various areas so you always know when our events are. We will review this after June to see how it is working but if you have your thoughts now please let us know.

### Oxford - 2nd Tuesday of the month (Felicity)

|                  |   |
|------------------|---|
| Tuesday 12 April | Costa Coffee, Templars Shopping Park, 11.30am |
| Tuesday 10 May   | Boswell Café, Templars Shopping Park, 11am    |
| Tuesday 14 June  | Restore Garden Café, Manzil Way, 11am         |

### Witney, Hungry Horse - 3rd week of the month 12 noon (Felicity)

|                  |  |
|------------------|--|
| Tuesday 19 April | Sainsbury's Café, Witan Way, Witney        |
| Wednesday 18 May | Beekeepers, 18-22 Market Square, Witney    |
| Tuesday 21 June  | The Windrush Inn, 60 Burford House, Witney |

### Cherwell, White Horse Bicester or Easington Banbury - 4th Wednesday of the month 12 noon (Sue)

|                    |                        |
|--------------------|------------------------|
| Wednesday 27 April | The Easington, Banbury |
| Wednesday 25 May   | White Horse, Bicester  |
| Wednesday 22 June  | The Easington, Banbury |

### Vale of White Horse, The Boundary House, Abingdon - 2nd Thursday of the month 12 noon (Joel)

|                   |
|-------------------|
| Thursday 14 April |
| Thursday 12 May   |
| Thursday 9 June   |

### South Oxfordshire, The Royal Oak or Black Horse - 4th Tuesday of the month 12 noon (Joel)

|                  |                       |
|------------------|-----------------------|
| Tuesday 26 April | Black Horse, Thame    |
| Tuesday 24 May   | The Royal Oak, Didcot |
| Tuesday 28 June  | Black Horse, Thame    |

### Other dates for your diary

|                            |  |     |
|----------------------------|--|-----|
| Tuesday 3 May              | Coffee in Tesco's Café, Bicester, 10.30am      | Sue |
| Saturday 4 June            | Enrych Celebrates The Queen's Platinum Jubilee | Sue |
| Friday 17 June             | Bowling in Banbury, 12 noon                    | Sue |
| Monday 13 June 2022        | Southend-on-Sea - flyer attached               | Sue |
| Tuesday 6 September 2022   | Cadbury's World - flyer to follow nearer time  | Sue |
| Saturday 17 September 2022 | Enrych Holiday to Ross-on Wye                  | Sue |

You are welcome to any event regardless of area and remember friends, family & carers are all welcome.

Please let the contact person know if you would like to attend so we can confirm numbers which is really helpful for us.



## Southend-on-Sea Day Trip

We are off to Southend-on-Sea on Monday 13 June for a day of sand, sea and sociability. We have pickup points in Banbury, Oxford & Thame in an attempt to cover as much of the county as we possibly can.

The cost for the day is just £20 with the opportunity for you to do as you please on arrival or join a group of us if this is your preference. There is a Sealife Adventure, the World's longest Pier, City Beach Fountains, Cliff Lift and lots more to see.

If you have not already booked with us please get your booking in ASAP before all spaces are sold. Don't forget, the coach can take a few powered wheelchairs on the coach together with a number of manual wheelchairs, rollators and even a fold-up scooter in the boot.

Friends, family and carers are welcome.

See attached/enclosed flyer for more details.

## Covid-19

Although most of the rule relating to Covid-19 have now been removed we want to confirm that we intend to continue to carefully take the risk to health seriously with staff still testing at least twice a week. If one of us has Covid we will not make visits or attend any social events even though the law says this is now permissible. We would like to think you will act in a similar way so we can keep our many vulnerable members as safe as possible. We are not asking you to test for most social events but will when the event requires us to be confined in a coach, or other vehicle, for a period of time. If you struggle to access tests for this purpose please let us know ASAP

If you have any concerns about this decision please contact Sue on 07518 300387.

## Alison Todd

Very sadly, we lost Alison Todd in February. Alison was an active member of our Zoom calls and social events and we know she will be missed greatly by all. Alison and her friend and Enrych volunteer Magali had a very special pairing.

"I met Alison over 15 years ago through Enrych when I was paired with her to support her with visits to the Theatre and Craft Fairs. She loved going to the Theatre.

The last time I saw Alison, which was not so easy with Covid, was last October when we went to the Theatre together to see Russell Watson. Although she was struggling with her breathing she had a big smile on her face and was singing along all evening. She loved to sing.

Alison had a good sense of humour and we had some good laughs together before her health deteriorated in recent years. I was pleased I was able to support her to join some Enrych Zoom sessions last year which she really enjoyed."

*Magali*

We also sadly said a 'goodbye' to a few more members over the last few months

Mandy Evans from Banbury

Sam Uddin from Banbury

Ellen Coward from Oxford

We remember them with fondness and send our best wishes to their families





## Enrych Celebrates The Queen's Platinum Jubilee

You are invited to join us for Afternoon Tea to celebrate this wonderful occasion on Saturday 4 June 2-4.30pm at Dean Court Community Centre, Pinnocks Way, Oxford OX2 9DG

You will be able to enjoy sandwiches, cakes, tea and coffee together with an afternoon of chat and entertainment. There will be an optional costume/hat competition with a prize for the most appropriately (or not!) dressed person that represents the Platinum Jubilee so start thinking about what you can wear.

We will also have the usual Enrych raffle so if you would like to donate a prize that would be much appreciated.

There is no charge for this event which is open to our members and volunteers plus family, friends and carers. Entry on the day will be by ticket only as we have limited space available so to reserve your ticket please email Sue ([susan.linnett@enrych.org.uk](mailto:susan.linnett@enrych.org.uk)) or call /text (07518 300387) as soon as possible.

If you are able to offer a lift to anyone please let us know as we hope as many people as possible from across Oxfordshire can attend.



**The accessible car you need, for as long as you need it.**

Call us now on  
**01865 300361**  
or visit [fleximobility.co.uk](http://fleximobility.co.uk)



## Unlimited Oxfordshire

Expanding horizons – Opening doors

Unlimited Oxfordshire is focused on 'Opening Doors and Widening Horizons' for people with physical and sensory disabilities, to enable us all to have the same opportunities as other residents, to enjoy social events and activities. Together we can help to bring awareness to the community.

[info@unltdox.org.uk](mailto:info@unltdox.org.uk) 01865 376478

## Strictly Cars

Wheelchair Accessible Vehicle in Banbury

Call Tom Pike on  
07976 772945

or email [strictlycarsbanbury@aol.co.uk](mailto:strictlycarsbanbury@aol.co.uk)



## Warm Home Discount Scheme

You could get £140 off your electricity bill under the Warm Home Discount Scheme.

The money is not paid to you - it is a one-off discount on your electricity bill, between Sept and March.

You may be able to get the discount on your gas bill instead if your supplier provides you with both gas and electricity. Contact your supplier to find out more.