



**"In early June the world of leaf and blade and flowers explodes, and every sunset is different." by John Steinbeck**

I love June. I take real pleasure in the long hours of daylight but I especially love the occasional treat of a long balmy evening when its warm enough to sit outside even well after the sun has set. Do you share my love of early summer?

As usual, we have a lot going on this summer with some boat trips on the Thames, a trip to Woburn Safari, a visit to a Herb Farm plus the usual lunches and coffee morning etc.

We also have our regular Pick 'n' Mix of Zooms for you too. I hope there is something here that you can enjoy.

**\*\* See page 2 for our BIG ANNOUNCEMENT \*\***

### Social Events

Here is our varied programme of social events. We look forward to welcoming you at any/all events.

<u>Date</u>	<u>Place</u>	<u>Contact</u>
Tuesday 1 July	Woburn Safari, Woburn	Sue
Wednesday 2 July	Brunch at Berro Lounge, OX11 7LG, 11am	Joel
Tuesday 8 July	Coffee At Flo's in Florence Park, OX4 3JZ, 11am	Joel
Thursday 10 July	The Boundary House, Abingdon, OX14 2AA, 12 noon	Joel
Tuesday 15 July	Banbury Tea room, Stanbridge house OX16 9FZ, 12 noon	Joyce
Friday 25 July	Buttercup Bistro Witney OX28 4DZ, 12 noon	Joyce
Thursday 31 July	National Herb Centre, Warmington	Sue
Tuesday 5 August	The Lord Nelson, Wantage, OX12 8HL, 12 noon	Joel
Wednesday 6 August	WABC Boat Trip on the Thames, 2pm	Sue
Friday 8 August	Candelo Lounge, Thame, OX9 3DU, 12 noon	Joel
Monday 11 August	Coffee at Boswells, Cowley, OX4 3XH, 11am	Joel
Friday 15 August	Acorn in Bicester ,OX26 6WB , 12noon	Joyce
Wednesday 27 August	WABC Boat Trip on the Thames, 10am	Sue
Friday 29 August	Coffee Morning at Coffee #1 Witney, OX28 6AP, 11am	Joyce
Tuesday 2 September	The Boundary House, Abingdon, OX14 2AA, 12 noon	Joel
Thursday 11 September	Easington Banbury, OX16 9JU, 12noon	Joyce
Friday 12 September	The Plum Pudding, Milton, OX14 4EJ, 12 noon	Joel
Monday 22 September	Pizza Express Witney, OX28 6BB, 12 noon	Joyce
Tuesday 30 September	Bowling & Lunch at Kassam Stadium, OX4 4XP, 12 noon	Joel

### Date for the future

Saturday 13 September	Holiday to Ross-on-Wye	Sue
Wednesday 1 October	Day in Stratford-Upon-Avon	Sue

You are welcome to any event regardless of area and do remember friends, family & carers are all welcome as are volunteers with or without their member. Please let the contact person know if you would like to attend so we can confirm numbers which is really helpful for us and is a definite requirement for some of the events where payment will be required on booking.



### Pleased to announce....

As we reach 40 years of the charity in 2026, we have decided to rebrand and will in future be called **EnrichAbility** (exact date still to be agreed).

We know the wellbeing of our members, both physically and mentally, is enhanced by the services we offer and that these services play a part in preventing a decline in health with events/ socials to look forward to.

We therefore believe this new name is positive and reflects on what we do ie **enriching** lives and focuses on the **ability** of our members rather than the disability.

We hope you agree this is a positive change and would welcome your thoughts/ideas on how we celebrate our 40 years next year. Please drop me an email- [susan.linnett@enrych.org.uk](mailto:susan.linnett@enrych.org.uk)



### Comet Minibus Trips

We've been working on a project with the Oxfordshire Local Nature Partnership (OLNP), who have a mission to allow more people to access green spaces and the great outdoors. The funding received from this project has allowed us to provide six individual minibus trips between the hours of 10am and 2pm, using the Comet minibus service. The minibus service has been very reliable and in most case we were able to pick people up from outside their homes. So far we've enjoyed a great trip to Waterperry Gardens, exploring their huge grounds and gardens, a trip to Millets Farm to see all of their animals and local produce and a trip to the Island Farm Donkey Sanctuary.





### July 2025

Wednesday 2 July	4pm	Joyce & Joel	Quiz
Friday 4 July	11am	Joyce	Bingo
Monday 7 July	11am	Sue	Games
Tuesday 8 July	2pm	Joel	Seated Move & Groove
Thursday 10 July	8pm	Joel	Twilight Chat
Monday 14 July	12noon	Joyce	Seated Move & Groove
Thursday 17 July	11am	Bridgid	Wellbeing
Friday 18 July	2pm	Sue	Friendly Debate
Monday 21 July	2pm	Sue	Name that Tune!
Tuesday 22 July	11am	Sue	Seated Move & Groove
Thursday 24 July	4pm	Joyce	Film Review
Monday 28 July	2pm	Sue	Through the Ages
Tuesday 29 July	12noon	Sue & Joel	Quiz
Wednesday 30 July	2pm	Sue	Seated Move & Groove

### Today is making tomorrow's history

History is the study of change over time, and it covers all aspects of human society. Political, social, economic, scientific, technological, medical, cultural, intellectual, religious and military developments are all part of history.

Our choices and actions today have a lasting impact, shaping the course of history to come.

Come along and join our **Through the Ages** Zoom as it will cover all areas of history as requested by you. You can give a talk, a written presentation or ask us to prepare something for you. Whatever your interest in history, we will do our best to cover it. So come on, give it a go!

### Gaming Group

Would you be interested in joining our Enrych video game community? We're aware that lots of our members have an interest in computer and console gaming. We'd love to bring more of you together to be able to play online and connect with each other. If this is something that you would be interested in, please email us and tell us what platforms you use (i.e. Playstation, Xbox, PC) and what times you tend to play. We'll then help to schedule some gaming sessions and put you all in touch with one another.







### Special Effect Charity



Special Effect are a charity who are dedicated to helping to make computing and gaming more inclusive and accessible to everybody. They are able to make custom-made, adapted controllers for people who have difficulty using conventional methods. They have even developed eye-gaze technology to allow people to control computers just by looking at a particular space on a screen. If you're interested in finding out more, visit their website at [www.specialeffect.org.uk](http://www.specialeffect.org.uk), email [info@specialeffect.org.uk](mailto:info@specialeffect.org.uk) or call them on 01608 810055.

### Blenheim Palace Battle of the Proms 5<sup>th</sup> of July

Join the celebrations at the 20th annual Blenheim Palace Battle Proms. Pack a picnic and chill the fizz; it's going to be bigger and better than ever! Alongside the breathtaking displays the Battle Proms is famous for - uplifting music, fireworks, Spitfire, cannons, cavalry, parachutes – this year will be a Vintage Spectacular to celebrate the VE Day 80th anniversary year in style! Please visit Blenheim palaces website for tickets and more information on accessibility.



### Emergency Services day in Banbury



Emergency Services Day returns to Spiceball Park on the 30<sup>th</sup> August 10.30am – 4pm, giving Banbury residents the chance to enjoy a day packed full of entertainment, as well as learn just what it takes to be a member of our fantastic emergency services. With demonstrations, hands-on activities, and much more, it's a day not to be missed! Among the exciting attractions will be live demonstrations from experienced emergency services staff in our central arena, with police, ambulance staff and firefighters all contributing to what promises to be an action-packed event for the whole family!

### Banbury Food and Drink Festival

The 17<sup>th</sup> of August marks the return of the Banbury Food and Drink Festival. It is on from 10.30 am until 16.30 pm The ultimate event for anyone with a passion for food and cookery, Banbury Food & Drink Festival is an annual celebration dedicated to showcasing some of the finest local specialists as well as traders and vendors from further afield. There will also be Live music from local talent to enjoy throughout the day. The Banbury food and drink festival will be held in Banbury Market place.

